

Upcoming Events and Information

Term 3 2019

SEPTEMBER

Thursday 5th September
 Friday 6th September
 Friday 6th September
 Friday 6th September
 Wednesday 11th September
 Wednesday 11th September
 Thursday 12th September
 Friday 13th September

 Friday 20th September
 Friday 20th September

Sporting Schools
 Grade 3/4 Hoop Time
 Grade 1 Skating
 Grade 2 Sleepover/Skating
 Maths Olympiad
 Sporting Schools
 Art Show and Grandparents Day
 Grade 5/6 Hoop Time

 JSC Fundraiser Footy Dress Up Day
 End Of Term 3 – 2:30 dismissal

Pathway to Prep Transition Dates

Thursday the 5th September.
 Children commencing Prep next year are invited to attend these sessions.

Term 4 2019

OCTOBER

Monday 7th October
 Monday 7th October–
 1st November
 Thursday 10th October
 Monday 14th October
 Tuesday 15th October
 Tuesday 22nd October
 Thursday 31st October

Term 3 Begins - 9am Start
 2020 Educational Request letters accepted

 Education Committee 3.45pm
 Buildings and Grounds Meeting 8am
 School Council
 Fun Run
 Halloween Disco

NOVEMBER

Monday 4th November
 Tuesday 5th November
 Monday 11th November
 11th - 13th November
 Thursday 14th November

School Closed Curriculum Day focusing on Planning
 Melbourne Cup Day
 Remembrance Day Assembly Service 10.50am
 PMSS Training
 Movie Night

DECEMBER

Thursday 12th December

Grade 6 Graduation

TERM DATES 2019

- Term 1: 31st January to 5th April
- Term 2: 23rd April to 28 June
- Term 3: 15th July to 20th September
- Term 4: 7th October to 20th December

Curriculum Days for 2019

29th and 30th January students start on
 Thursday 31st January,
 Friday 7th June,
 Monday 12th August
 Monday 4th November

Contact Us

Lilydale Primary School
 School Number 0876
 Castella St
 Lilydale
 Tel: 97351642
 Email: lilydale.ps@edumail.vic.gov.au

*Proud of our Past.
 Educating for the Future*

Lilydale Primary School's *The Lilydale Legend*

Thursday 29th August

Issue Number 101

*Proud of
 our Past
 Educating
 for the
 Future*

Dear Parents, Carers and Children,

WOW! What a week, what a production. I am sure everyone who attended on the night agrees that it was a wonderful production filled with amazing dancing, acting and singing from our talented young people, the staff were very good as well.

A thank you for coming out and joining us on the night and helping to make the show a success by arranging to have students dressed correctly and in the right place. A special thanks to Ms. Mayall for her role in directing the show and a special mention of Mr. Weaver for his talented writing skills. A warm thank you to our lovely staff who were backstage pulling all the strings.

Last week a group of parents and students attended a Bunnings BBQ selling sausages for the school and raising awareness of who we are, and what our school is like. I would like to thank Peter Carswell, Natalie Worthington, Olivia Ellis, Justine Moyes, Brett Farley, Michelle Matthews, Leanne Nation, Paul Bainbridge, Sue Skinner, Melanie Langenhorst, Casey Pyle, Nicole Cannon, Cathy Kennedy, Nicole Brogan, Stacey Brogan, Tom Brogan, Cassandra Matthews-Bidinost, Valerie Carswell, Julianne Bentley and anyone else who may have attended that I have missed. We are looking at using some of the funds to run lunchtime activities that build on student's emotional and social skills. Watch this space for more details on the lunch clubs.

This week 42 students attended district finals with 17 students making it through to the next stage of the competition. Ms. Matthews tells me this is more than we usually have and we should be proud of all their efforts so far. On a cold day, Evan Sebire, Cassie Bidinost, Susanne Lammertsma, and Justine Moyes all helped on the day and I would like to say thank you.

Next Friday the grade 1 and 2 students attend skating in the afternoon with the grade 2 students sleeping at the school. This is the first stage of building independence so that camping in grades 3 and 4 is successful. We are still looking for parent volunteers to help out with building tents 2.30-3.30pm in the BER, afternoon tea prep 3-4pm, BBQ setups and serving 5-6pm and the actual sleepover at school. Please consider offering your time, particularly if your child is in grade 1 or 2, it would be very much appreciated by the teaching team in grades 1 and 2.

Next week is our class fundraiser 'Silver September' all proceeds will go towards Science Lab coats for our students.

I wish you all a wonderful weekend

Best wishes,
 Craig Bradley
 Acting Principal

The photos of the concert will be available for viewing and purchasing early next week. Information explaining this process will also go home early next week.

Envelopes to purchase school production DVD will be sent home today. Envelopes are due back to school by 13th September.

Sporting Schools Program: Judo

All the Grade 5/6s and Preps participated in the first session of this term’s Sporting Schools Program: Judo. The children really enjoyed learning how to fall safely and pin their partner onto the ground. The senior students all learnt how to do O Soto Gari and learnt the importance of Respect. The children wore the new judo jackets purchased for the program.



District Athletics

A big congratulations to the following children for making it through to Yarra Division.

- 10 Year Olds:
Evangeline & Elliot
- 11 Year Olds:
Gemma, Harmony, Hamish, Lachlan, Bianca, Alani, Harry & James C
- 12 Year Olds:
Julien, Lewis, Sarah, Ian, Max, Beau & Matt



Extend



Monday	Tuesday	Wednesday	Thursday	Friday
Pilates Monday	Thespian Tuesday	Crafty Wednesday	Games Night	Smoothie Night

Enrol and book now: extend.com.au

The Extend Superstar is...

Noah ... For setting a great example of using initiative and creating beautiful and creative craft projects in the service and always using fantastic manners. Well done Noah!

What’s Been Happening?

This week we have been very busy at Extend!

We broke out the playdoh this week to make awesome little sculptures. Kate and Ana made beautiful roses for us that took a lot of patience and hardwork. It absolutely paid off because they looked awesome!

We had a great pilates night with loads of people joining in the challenge to see who was the fittest! Mia liked the challenge so much she asked to do it the next night as well! We also are continuing with our yummy smoothies and made a tropical smoothie with pineapple, mango and papaya. It was delicious!

We are looking forward to another action packed week!



Chaplain's Corner



Tantrums & Meltdowns – cont.

Over the last two weeks we have looked at the key difference between tantrums & meltdowns. Tantrums usually have a purpose whereas meltdowns are a reaction to something.

Helpful Tips for Meltdowns

Even if a meltdown starts out as tantrums, they’re usually beyond a child’s control.

- **Stay calm.** Yes, it’s the same as for tantrums, you can’t help your child if you are not calm yourself. Breathe.
- **Water and food.** Providing a child’s most basic needs can help them to go from fight, flight or freeze mode to being able to access more of their cognitive functioning. This will bring the intensity of their meltdown way down.
- **Sensory.** Whether or not a child is experiencing a sensory meltdown, sensory input can help snap them right back into a calm state. Things like lavender playdough – that they can squeeze and squish. Or squeeze balls or pushing a laundry basket filled with books also work well. Even offer a big, chewy bubble gum piece as this offers great sensory feedback.
- **Connection.** Children need connection. This can be achieved during a meltdown by making eye contact, helping them to breathe in and out slowly while you breathe with them, and providing reassurance. Avoid saying “calm down” and instead choose an alternatives such as “take 3 deep breaths”, “count to 10”, “Use and indoor voice” or “let’s take a minute by ourselves to calm our anger”.
- **Self-regulation.** The ultimate goal obviously is for the child to learn to calm themselves. Once the above steps and needs have been met remind the child of their calm-down strategies. It is best to have practised (and practised and practised) those strategies at times when they were calm. If you have a calm-down kit for your child, this would be the ideal time to pull that out.

Adapted from - The Chaos & the Clutter
<https://www.thechaosandtheclutter.com/archives/5-critical-steps-to-take-when-your-child-has-a-meltdown>



School Checklist
A list to help you remember all the things you have to complete for school

Please see if you could help out with the Breakfast Club on Wednesday and Thursdays	
Grade 3/4 Hoop Time payment due THURSDAY 29th August	
Pick up Pie Orders from Science Room between 3.15-3.45pm FRIDAY 30th August	
Grade 5/6 Hoop Time payment due THURSDAY 5th September	
School Production DVD money due back 13th September	

CHIRNSIDE PARK SCHOOL REWARDS

\$11,000
FOR OUR LOCAL SCHOOLS

+ WEEKLY PRIZES
FOR YOU

+ GRAND PRIZES
FOR YOU

29 JULY - 15 SEPTEMBER

By registering as a School Rewards Member in centre or online and submitting receipts you will automatically be entered into the weekly draw to win a \$1,000 gift card PLUS be in the running to win a \$1,000 Chirnside Park gift card, drawn at random at the end of the competition.

Visit chirnsidepark.com.au for more information.

29 JULY - 15 SEPTEMBER

CHIRNSIDE PARK SCHOOL REWARDS

\$11,000
FOR OUR LOCAL SCHOOLS

+ WEEKLY PRIZES
FOR YOU

+ GRAND PRIZES
FOR YOU

29 JULY - 15 SEPTEMBER

By registering as a School Rewards Member in centre or online and submitting receipts you will automatically be entered into the weekly draw to win a \$1,000 gift card PLUS be in the running to win a \$1,000 Chirnside Park gift card, drawn at random at the end of the competition.

Visit chirnsidepark.com.au for more information.

29 JULY - 15 SEPTEMBER